



**PATIENT INFORMATION**

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ SEX: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ APT#: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE (HOME): \_\_\_\_\_ (CELL): \_\_\_\_\_ E-MAIL: \_\_\_\_\_

SOCIAL SECURITY#: \_\_\_\_\_ EMPLOYER: \_\_\_\_\_ OCCUPATION: \_\_\_\_\_

MARITAL STATUS:  SINGLE  MARRIED  DIVORCED  WIDOWED

ETHNICITY:  HISPANIC/LATINO  NOT HISPANIC RACE: \_\_\_\_\_ LANGUAGE: \_\_\_\_\_

**EMERGENCY CONTACT**

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_

**GUARANTOR/PARENT INFORMATION**

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_

**INSURANCE INFORMATION**

PRIMARY INSURANCE: \_\_\_\_\_ POLICY HOLDER: \_\_\_\_\_ DOB: \_\_\_\_\_

SECONDARY INSURANCE: \_\_\_\_\_ POLICY HOLDER: \_\_\_\_\_ DOB: \_\_\_\_\_

# Patient Stress Questionnaire\*

Name: \_\_\_\_\_ Provider Name: \_\_\_\_\_

Date: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Over the **last two weeks**, how often have you been bothered by any of the following problems?

(please circle your answer & **check the boxes that apply to you**)

	<i>Not at all</i>	<i>Several days</i>	<i>More than half the days</i>	<i>Nearly Every day</i>	
1. Little interest or pleasure in doing things	0	1	2	3	
2. Feeling down, depressed, or hopeless	0	1	2	3	
3. <input type="checkbox"/> Trouble falling or staying asleep, or <input type="checkbox"/> sleeping too much	0	1	2	3	
4. Feeling tired or having little energy	0	1	2	3	
5. <input type="checkbox"/> Poor appetite or <input type="checkbox"/> overeating	0	1	2	3	
6. Feeling bad about yourself or that you are a failure or have let yourself or your family down	0	1	2	3	
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3	
8. <input type="checkbox"/> Moving or speaking so slowly that other people could have noticed, or <input type="checkbox"/> the opposite - being so fidgety or restless that you've been moving around a lot more than usual	0	1	2	3	
9. <input type="checkbox"/> Thoughts that you would be better off dead, or <input type="checkbox"/> hurting yourself in some way	0	1	2	3	
(10)					<b>Total</b>
		add columns:			

1. Feeling nervous, anxious or on edge	0	1	2	3	
2. Not being able to stop or control worrying	0	1	2	3	
3. Worrying too much about different things	0	1	2	3	
4. Trouble relaxing	0	1	2	3	
5. Being so restless that it is hard to sit still	0	1	2	3	
6. Becoming easily annoyed or irritable	0	1	2	3	
7. Feeling afraid as if something awful might happen	0	1	2	3	
(8)					<b>Total</b>
		add columns:			

\*adapted from PhQ 9, GAD7, PC-PTSD and AUDIT 1/24/11

Please also complete back side →

In your life, have you ever had any experience that was so frightening, horrible, or upsetting that, **in the past month**, you:

1. Have had nightmares about it or thought about it when you did not want to?	No	Yes
2. Tried hard not to think about it or went out of your way to avoid situations that reminded you of it?	No	Yes
3. Were constantly on guard, watchful, or easily startled?	No	Yes
4. Felt numb or detached from others, activities, or your surroundings?	No	Yes
(3)		

Drinking alcohol can affect your health. This is especially important if you take certain medications. We want to help you stay healthy and lower your risk for the problems that can be caused by drinking.

These questions are about your drinking habits. We've listed the serving size of one drink below.

**Please circle your answer**

	0	1	2	3	4
How often do you have one drink containing alcohol?	Never	Monthly or less	2-4 times a month	2-3 times a week	4+ times per week
How many drinks containing alcohol do you have on a typical day when you are drinking?	1 or 2	3 or 4	5 or 6	7 to 9	10 or more
How often do you have four or more drinks on one occasion?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
How often during the <b>last year</b> have you.....					
...found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
...failed to do what was normally expected from you because of drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
...needed a first drink in the morning to get yourself going after heavy drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
...had a feeling of guilt or remorse after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
...been unable to remember what happened the night before because you had been drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
	0		2		4
Have you or someone else been injured as a result of your drinking?	No	Yes, but not in the last year			Yes, during the last year
Has a relative, friend, doctor or other health worker been concerned about your drinking or suggested you cut down?	No	Yes, but not in the last year			Yes, during the last year

(8)				
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**Standard serving of one drink:**

12 ounces of beer or wine cooler

1.5 ounces of 80 proof liquor

5 ounces of wine

4 ounces of brandy, liqueur or aperitif



**Total:**

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**AUTHORIZATION OF TREATMENT**

Authorization and release for DOCS Medical Inc. and its subsidiaries (DOCS of CT, DOCS Urgent Care, DOCS Now, Zen Health and Wellness, Epic Family Physicians, Continuum Medical Group and Urgent Care Center), hereby referred as DOCS Medical Inc. I consent to providers and licensed professions to provide telehealth services and the use of audio and video telehealth services for myself or my dependent. I voluntarily consent to the administration and costs of medical and surgical procedures for both in-person and virtual for myself or my dependent.

**ASSIGNMENT OF INSURANCE BENEFITS/GUARANTEED OF PAYMENT**

I authorize payment directly to DOCS Medical Inc. and its subsidiaries (DOCS of CT, DOCS Now, DOCS Urgent Care, Zen Health and Wellness, and Urgent Care Center) for all benefits payable to me. I understand that I am financially responsible and agree to pay all charges that are not paid or billed to my insurance or any third-party payer. I understand that I must pay in full today for all services rendered for both in-person and virtual visits unless my insurance is accepted. I also understand that if my insurance is accepted, I must pay all applicable insurance co-payments, co-insurance, or deductible for services. I understand all services, both in-person and virtual, rendered are non-refundable under any circumstance. I understand that if I do not pay within 90 days upon receiving my billing statement; my account will be transferred over to "American Adjustment Bureau."

**RELEASE TO RECORDS**

I authorize DOCS Medical Inc. and its subsidiaries (DOCS of CT, DOCS Now, DOCS Urgent Care, Zen Health and Wellness and Urgent Care Center) to release (verbal or written) confidential medical information to any person or entity including my insurance carrier, employer (if treatment is related to employer purposes), or other health care operations which may be liable to me or my practitioner(s) for changes in treatment, for quality management, utilization review, transfer, and follow-up purposes.

**ACKNOWLEDGE OF RECEIPT OF NOTICE OF PRIVACY PRACTICES**

Authorization and release for DOCS Medical Inc. and its subsidiaries (DOCS of CT, DOCS Now, Zen Health and Wellness, DOCS Urgent Care and Urgent Care Center), hereby referred to as DOCS Medical Inc.

This document is to be signed by the person legally responsible for the patient’s medical decisions relative to the treatment situation.

I hereby acknowledge that DOCS Medical Inc. has provided me with a copy of its notice of privacy policies that describe how medical information about me may be used and disclosed, and how I can access this information. I understand that if I have question or complaints, I may contact DOCS Medical Inc. Administration Directors at 203-874-3682 or by e-mailing [contact@DOCSofct.com](mailto:contact@DOCSofct.com).

I also understand that I am entitled to receive updates upon request when for DOCS Medical Inc. and its subsidiaries (DOCS of CT, Zen Health and Wellness, DOCS Urgent Care and Urgent Care Center), amends or changes its notice of privacy practices material in any way.

I allow DOCS Medical Inc. and its subsidiaries (DOCS of CT, Zen Health and Wellness, DOCS Urgent Care and Urgent Care Center), to obtain prescription history from an external source.

**CONSENT FOR NOTIFICATION OF TEST RESULTS**

I give permission to DOCS Medical Inc. and its subsidiaries (DOCS of CT, Zen Health and Wellness, DOCS Urgent Care, DOCS Now and Urgent Care Center) to notify \_\_\_\_\_ (relationship to patient) \_\_\_\_\_ about my health information.

I give permission to DOCS Medical Inc. and its subsidiaries (DOCS of CT, Zen Health and Wellness, DOCS Urgent Care, DOCS Now and Urgent Care Center) to share health information via voicemail, email, text message or alternate electronic communication.

**SIGNATURE:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

**NAME:** \_\_\_\_\_

RELATION TO THE PATIENT IF SIGNED BY SOMEONE OTHER THAN THE PATIENT



## **PRIVACY POLICY**

THE DEPARTMENT OF HEALTH AND HUMAN SERVICES HAS ESTABLISHED A "PRIVACY POLICY" TO HELP ENSURE THAT PERSONAL INFORMATION IS PROTECTED FOR YOUR PRIVACY. THE PRIVACY RULE WAS ALSO CREATED IN ORDER TO PROVIDE A STANDARD FOR USES AND DISCLOSURES OF HEALTH INFORMATION ABOUT THE PATIENT TO CARRY OUT TREATMENT, PAYMENT, OR HEALTH CARE OPERATIONS.

AS OUR PATIENT, WE WANT YOU TO KNOW THAT WE RESPECT THE PRIVACY OF YOUR PERSONAL MEDICAL INFORMATION. WE STRIVE TO ALWAYS MAKE REASONABLE PRECAUTIONS TO PROTECT YOUR PRIVACY. WHEN IT IS APPROPRIATE AND NECESSARY, WE PROVIDE THE MINIMUM INFORMATION NECESSARY TO ONLY THOSE WE FEEL ARE IN NEED OF YOUR HEALTH CARE INFORMATION, AND INFORMATION REGARDING TREATMENT, PAYMENT, OR HEALTH CARE OPERATIONS IN ORDER TO PROVIDE HEALTH CARE THAT IS IN YOUR BEST INTEREST. WE ALSO WANT YOU TO KNOW THAT WE SUPPORT YOUR FULL ACCESS TO YOUR PERSONAL MEDICAL RECORDS.

WE MAY HAVE INDIRECT TREATMENT RELATIONSHIPS WITH YOU SUCH AS LABORATORIES THAT ONLY INTERACT WITH PHYSICIANS AND NOT PATIENTS. WE MAY HAVE TO DISCLOSE PERSONAL HEALTH INFORMATION FOR PURPOSES OF TREATMENT, PAYMENT OF HEALTH CARE OPERATIONS. THESE ENTITIES ARE MOST OFTEN NOT REQUIRED TO OBTAIN PATIENT CONSENT. YOU MAY REFUSE TO CONSENT TO THE USE OR DISCLOSURE OF YOUR PERSONAL HEALTH INFORMATION; HOWEVER, THIS MUST BE IN WRITING. UNDER THE LAW, WE HAVE THE RIGHT TO REFUSE TO TREAT YOU, SHOULD YOU CHOSE TO REFUSE DISCLOSURE OF YOUR PERSONAL HEALTH INFORMATION (PHI) IF YOU CHOSE TO GIVE CONSENT AT A FUTURE TIME YOU MAY REQUEST TO REFUSE ALL OR PART OF YOUR PHI.

**YOU HAVE THE RIGHT TO REVIEW OUR PRIVACY NOTICE, TO REQUEST RESTRICTIONS AND REVOKE CONSENT IN WRITING AFTER YOU HAVE REVIEWED OUR PRIVACY NOTE.**